

COMMUNICATION

George Bernard Shaw said this: *“The single biggest problem with communication is the illusion that it has taken place.”*

Tony Robbins said *“The way we communicate with others and with ourselves ultimately determines the quality of our lives.”*

There are 4 primary forms of **COMMUNICATION**:

- **SPEAKING**
- **WRITING**
- **LISTENING**
- **READING**

Which one do you go to most naturally? Why?

Which one do you avoid at all costs? Why?

Which one do you need to grow in? How?

We can all learn to communicate better!

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